



## Welcome to the 15th edition of GP News!

### Looking back

Our GP newsletter was first launched in January 2012 (sent bi-monthly and then monthly) with the aim of improving LAS engagement with GPs and providing a channel for feedback. The CCG structure has evolved over this time and we hope this newsletter has given you an insight into LAS clinical and operational matters and therefore a better understanding of how we deliver pre-hospital clinical care to the residents and visitors to London. With this being edition 15, it is an ideal opportunity to look back over some of the topics covered so far:

#### Cardiac arrest survival rate



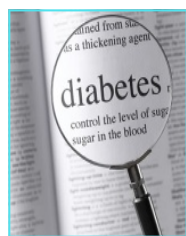
In September 2012, the LAS announced a rise in London's **cardiac arrest** survival rate. **31.7%** of LAS patients who fit the Utstein criteria were resuscitated and discharged from hospital in 2011/12, compared to just 5% ten years ago.

#### Specialised care centres

When calling 999 for confirmed STEMI and stroke patients please bear in mind that it may be appropriate to convey them to the nearest **Heart Attack Centre (HAC)** or **Hyper Acute Stroke Unit (HASU)** rather than a local emergency department. In London we now have 8 HASUs, 9 HACs and 4 **Major Trauma Centres (MTCs)** which are all open 24/7. Read more: [www.londonambulance.nhs.uk/calling\\_999/emergency\\_trauma\\_care.aspx](http://www.londonambulance.nhs.uk/calling_999/emergency_trauma_care.aspx)



#### Diabetes referrals



As of October 2012, the LAS now refers specific groups of diabetic patients to their GPs:

- 1) For any patient aged over 40yrs with no diabetes diagnosis and who presents with a **blood sugar value** above 13mmol/l, a GP referral will occur within 24/48hrs of the call.
- 2) A referral will also be made for any insulin-dependent diabetic who has a **hypoglycaemic** episode and refuses conveyance to hospital post treatment/recovery, and who may require medication or a general review.

#### Elderly faller facts

- The LAS attended just under **82,000** elderly fallers (65yrs+) in 2012
- Of the patients not conveyed to an A&E, over **8000** were referred to their GPs per month.

#### 111 updates

The 111 number is now live across all of London. A system is in place which transfers appropriate calls to the LAS without the need for further triage and YTD figures show that the Service is experiencing a higher number of calls than predicted, but it is not currently affecting performance. Last month:

- 111 activity accounted for 8.6% of all 999 incidents and of this number 10.8% were converted to Cat A (most serious injuries and illnesses)
- 18.8% of Cat A 111 responses resulted in a non-conveyance.



### GP Survey - we want to hear from you!



The LAS believes it is important to engage with GPs and we are keen to receive any questions or feedback surrounding newsletter topics.

**5 questions** – we have put together a short survey and would be grateful if you could spare a few minutes to complete it:

[www.surveymonkey.com/s/GHB3DPR](http://www.surveymonkey.com/s/GHB3DPR)

Thank you for your time, *Sarah Joy* – GP News Editor.



#### Visit our website

Read more about the subjects covered:

[www.londonambulance.nhs.uk](http://www.londonambulance.nhs.uk)

#### LAS contact details

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Please send enquiries to:

[LAS.GP-Enquiry@lond-amb.nhs.uk](mailto:LAS.GP-Enquiry@lond-amb.nhs.uk)

#### GPs requesting ambulance transfers

If a patient requires an ambulance, there are 4 levels of urgency for transportation:

- **8 min 'blue-light'**
- **30 min 'blue-light'**
- **60 min non 'blue-light'**
- **Over 60 minutes**

Please choose wisely and refer to the LAS website for full details:

<http://tiny.cc/o8y3zw>

